



# D-care

RESPECT & RESPITE

## What is D-care?

D-Care is a 2-year European project which aims to train carers of people living with mild to medium dementia diagnosis, both professionals and non-professionals. This project will create an educational programme for carers to acquire knowledge and competences on how to support people living with dementia and assist them to feel less isolated in their community. The program will be used in VET education, in adult lifelong learning and in-work training of care staff and volunteers who support people living with dementia.

## Objectives

- Train carers (professionals and non-professionals) on how to set up groups for people living with dementia, by using Cognitive Stimulation Therapy (CST) as a methodology,
- Develop an approach of care to help people who living with dementia, to improve their wellbeing and gain self-confidence,
- Improve the knowledge of non-professional caregivers about dementia,
- Contribute to the knowledge, skills & developing preventive and care recommendations to caregivers.

## Target Groups

- Professionals and non-professionals caregivers of people with dementia
- People living with dementia
- Family members of people with dementia
- Students in health and social care
- Training providers



## Partners



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